

Dr Silke Newman



Hi. I am Silke



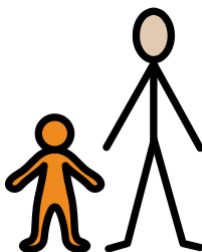
I am trained as a
Clinical psychologist



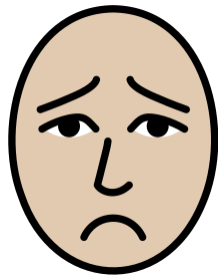
I help people who have a
learning disability and / or
autism. I help them with an
assessment and talking.



I have over 20 years of
experience of helping people
with a learning disability and
autism.



I work with people
between the ages of
14 and 90+



I help people when they are feeling low, angry or sad. I help with bereavement, relationships, and mental health problems such as depression, anxiety, hearing voices and depression.



I can help with challenging behaviour and risky behaviours.



I can help carers, parents and staff teams to support you better. I can provide training and advice.



There is good evidence that psychology helps people to get better.



You can contact me on
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